# Swimming Australia<sup>TM</sup> Accredited Water Safety & Learn to Swim Training RIGHT HERE in Asia!







## Benefits to your School/Club

- An Internationally recognised series of qualifications that last four years
- Right here in Asia very easy and convenient
- Low cost with further cost offsets possible
- Less disruption to normal operations no need to organise cover for participants
- Highly qualified, experienced, English speaking instructor
- Reference material supplied pre course and post course to refer to

## Courses Available

Swim Australia™ Teacher ® (SAT)

8hrs Practical Induction + Theory CD Rom + On the Job Training

Swim Australia™ Teacher of Babies and Toddlers® (SAT B & T)

5hrs Practical Induction + Theory CD Rom + On the Job Training

Swim Australia <sup>™</sup> Teacher of Competitive Strokes® (SAT CS)

7hrs Practical Induction + Theory CD Rom + On the Job Training

Please see attached ASCTA accreditation brochure, "Could this be YOU?" for full course details.

## **Available Dates 2012**

January 4<sup>th</sup> – 7<sup>th</sup> 2012

April 6<sup>th</sup> – 21<sup>st</sup> 2012

July 2<sup>nd</sup> – August 9<sup>th</sup> 2012

October  $17^{th} - 23^{rd} 2012$ 

## We can offer several courses over 1,2, 3 or 4 days!

Suggested Format:

Day 1 - SAT

Day 2 - SAT CS

Day 3 - SAT B & T

Day 4 – Life Support (CPR) Updates or Aquatics Audit



#### **Trainer Profile**

#### **Cindy Adair-Bolakoso**

- B Applied Science Sports Coaching 2000
- PG Cert Sports Management 2004
- PG Dip Elite Athlete Career Education Counseling 2011 (Current Studies)
- SAT, SAT B&T, SAT CS
- Swim Australia Silver License Coach
- USA Swimming Level 5 International Coach

Cindy has worked in Australia, New Zealand, the Fiji Islands and most recently Thailand as a Learn to Swim Instructor/Swimming Coach, Swim School Owner/Operator, National Programmes Manager and Aquatics Director.

Cindy is a dynamic course facilitator who has spoken at conventions and conferences including; International High Altitude Sports Training Symposium 2004, World Aquatic Babies Convention 2009, ASTCA Convention 2010, SEA Aquatics Conference 2011, TechEx 2011 as well as delivered over 50 swim coaching qualification courses.

## **Testimonials**

"Great job Cindy. You are a real asset for ASCTA."

#### **Ross Gage**

CEO ASCTA-Swim Australia, Vice President - International Federation of Swimming Teachers Associations

"Cindy's presentation style was excellent. This course is a brand new experience for me, thus I found the whole course very helpful. I loved the practical focus – sessions in the water, watching lessons in action, great video resources and discussion forums."

#### **Emily**

Swimming Instructor, Thailand

"Great job Cindy, there was plenty of time for Q&A. I got lots of honest feedback and new knowledge and enthusiasm."

#### Peter

Swimming Instructor/Coach, Singapore

"The course was well paced and organised. The sequential teaching of drill progressions as well as lots of new games, songs and FUN stuff will improve my teaching. Cindy has amazing knowledge and is very approachable."

#### Ken

Swimming Coach, China

## Your Responsibilities (Host)

- Provision of suitable teaching pool
- Provision of conference room/classroom with projector and WiFi access
- Provision of light lunch for participants
- Provision of morning/afternoon tea for participants
- Provision of basic administration services as needed (Photocopying etc)
- Provide copy of current public liability insurance cover.
- For some courses we may need you to assist us to arrange a group of children to participate in demonstration lessons.

## Training Package 10PAX

#### AUD\$3300.00

+ Airfare & Accommodation Surcharge

#### Entitles you to:

- 10 x Swim Australia Theory CD-Roms for selected course.
- 1 Day Face to Face Practical Course delivered by our highly trained and experienced Australian Presentor.
- Upon completion of all course requirements a Swim Australia International certificate valid for 4 years for each participant.
- Additional participants (11PAX+) can be added up to a maximum of 25PAX/day at a charge of AUD\$250 per person\*

Please note the Recommended Retail Price for all ASCTA training courses is AUD\$330, so for additional participants YOU keep the AUD\$80 to cover costs!

## Accommodation/Airfare Surcharges

- Thailand (excluding Bangkok) 8000THB
- South East Asia (Singapore, Malaysia, Cambodia, Laos, Vietnam & Indonesia) 40,000THB
- Greater Asia (China, Japan, Taiwan, India) 60,000THB
- Middle East (UAE, Oman, Brunei) 80,000THB

Please note that if your school/organisation would prefer to purchase air tickets and accommodation our behalf to an agreed minimum standard (Premium Economy Airfares + 4 - 5 Star Accommodation), this fee can be waived.

## Other Services

#### **Aquatics Audit**

AUD\$1000.00

We will fully audit your facility and programmes for compliance to internationally recognised standards. Our audit report will include recommendations on the following:

- Aquatic Programming (Learn to Swim through to Competitive Squads)
- Pool Safety
- Development of Normal Operating Procedures & Emergency Action Plans
- Within 4 weeks of our visit you will receive a full audit report AND an attractive certificate to display at your facility to indicate your commitment to ongoing quality control.

#### **UK RLSS Trainer/Assessor Services**

AUD\$800.00/Day

Our Presentor holds a current UK Royal Lifesaving Society Trainer/Assessor qualification and is able to act in either role as required for the following qualifications:

- National Rescue Award for Swim Coaches & Teachers
- Life Support (CPR)
- Bronze Medallion

## Course Planning Timeline

- Bookings can be accepted up to 1 year in advance!
  - Upon receipt of a booking we will issue you a detailed invoice and allow you to tailor our services to your needs.
- 2 months prior to course
  - Payment of 30% deposit and confirmation of airfare/accommodation arrangements.
- 6 weeks prior to course
  - We will dispatch to you Student Kits for completion of pre-coursework.
- 1 month prior to course
  - Please book and confirm all arrangements for venue(s) and participant meals and snacks.
- Just prior to the day of the course
  - Confirm course start/finish times with participants, advise participants regarding payment, parking, meals, security access etc

## Appendices

1. Could this be YOU? Brochure



2. ASCTA International v Australian Qualification Framework



SportsCoach Asia 2011 sportscoachasia@gmail.com

#### Contact Us...



#### **Cindy Adair-Bolakoso**

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Call today and book a course – take your Aquatics facility management, programming and safety to a new level this academic year!